

## *Standard Risk Control Arrangements*

### *Ladders Used for Access*

#### **Training and Capability**

- A. All Operatives will be trained in the Risk Assessment and Method Statement, and in the use of the required PPE
- B. All operatives must be competent

#### **Control Arrangements**

- C. All working at height must be assessed for risk and planned in accordance with the Working at Height Work Instruction (SM-WI-49) and comply with the relevant SRCA's in advance of the task commencing
- D. Ladders shall not be used as a work platform, unless accompanied by a Stepladder/Ladder Permit (SM-FM-44) addressing the controls as stated in SRCA 21 for Stepladders
- E. Ladders are only to be used for access for short duration works, longer duration works shall have properly constructed staircases
- F. Ladders associated with Scaffolding works are addressed in SRCA 19
- G. Ladders are to be in a good condition unpainted and erected the correct way up (metal ties under wooden rung)
- H. Ladders are to extend 1.05 m above the landing platform
- I. Ladders are to be secured, from both stiles at the landing point and elsewhere to prevent movement, footing can be used as a short term alternative
- J. Ladders are to be founded on a firm level one metre square dry base without loose debris hazards, and must be supported on their stiles and not by their rungs
- K. A one square metre safe and clear access at the top of all ladders is required
- L. Ladders must not extend more than 9 m without an intermediate platform
- M. Angle of rake of ladders should approximately be at a 75° angle to the horizontal (4:1)
- N. Ladders rungs are not to be used to support platforms of any sort
- O. Ladder feet shall be kept clean, free from contamination and maintained in good order, with rubber/plastic covers for metal Ladders
- P. Ladders shall be heavy industrial grade (colour code Blue)
- Q. The Operative will have at least three points of contact
- R. Ladders must be uniquely numbered to allow identification
- S. Ladders should be visibly inspected by the user before every use and formally inspected every 7 days with a record being kept in the Inspection Register (SS-FM-17). Ladders incorporated into a scaffold can be inspected as part of that structure.
- T. Materials or tools are not to be carried up an access ladder

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**Other Local Control Arrangements**

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